

OUR SPIRIT STRIVES TO ENRICH LIVES



As we look ahead into the next century, leaders will be those who empower others.

No religion is higher than humanity.

Abdul Sattar Edhi

No one is useless in this world who lightens the burdens of another.

Charles Dickens

Love is not patronising and charity isn't about pity; it is about love. Charity and love are the same – with charity you give love, so don't just give money, but reach out your hand instead.

Mother Teresa



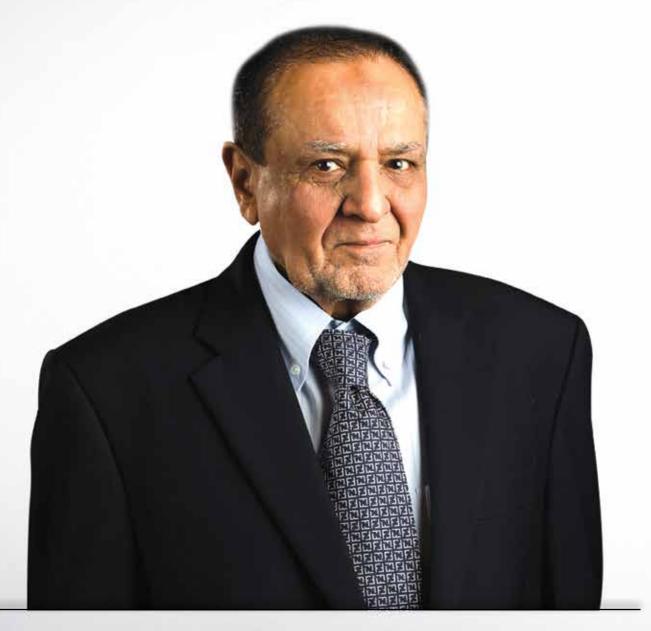
ATF has planned long-term welfare policies to extend help to the disadvantaged segment of our

- Tabba Heart Institute (THI)
- Tabba Kidney Institute (TKI)

ATF is also committed to support the following welfare initiatives in its quest to provide relief to the needy:

- **Outsourced Medical Treatment**
- Housing Rehabilitation and Rent Support
- Educational Scholarships and Vocational Training
- Marriage Financial Aid
- Monthly Ration Support
- Equipment Support Program

We aim to create sustainable and irreversible change in the lives of people we touch.



YUNUS TABBA

CHAIRMAN'S MESSAGE

n the business world, profit and growth are given the highest priority. However, the ultimate assessment of any business enterprise, especially the larger ones, is its social function. This applies particularly to its utilization of profit, be it for the best possible upliftment of its workforce, espousing social and national development causes, or for rendering services to mankind as a whole by way of charity to alleviate poverty and serving the neglected members of society.

It has become imperative that resourceful people either jointly or in a personal capacity work as building-blocks to improve the ethical values in our society. I personally feel that the suffering of individuals has increased multifold because of an erosion in human values. In order to address these inequalities, the Aziz Tabba Foundation was established

in 1987 with the aim of providing housing, medical care, education, marriage and vocational training facilities to build a strong and vibrant Pakistan.

The Aziz Tabba Foundation is playing its part to complement the state in fulfilling the constitutional directives of providing basic liberties and developing a more equitable society. The Aziz Tabba Foundation aspires to facilitate a just, humane and sustainable Pakistan. It is a daunting task but one we relish. We face huge obstacles but are determined to perform social activities in order to serve our communities and ensure the wellbeing of society. The Foundation reiterates its unwavering commitment to serve the people, giving a ray of hope and a helping hand to those who would otherwise feel alone and abandoned.



MUHAMMAD ALI TABBA

VICE CHAIRMAN'S MESSAGE

he Aziz Tabba Foundation was established in 1987 and serves as a testimony to the philanthropic spirit of our forefathers. The Foundation carries out various activities for the betterment of our society in the areas of health, education, enhancing economic prosperity and uplifting the underprivileged. Through such efforts, we strive to bring about a positive change in our society and reform the lives of those in need.

Unfortunately, the state does not provide many basic facilities to its citizen and the Foundation aims to bridge the gap by giving hope amidst gloom and despondency to those who otherwise are left at the mercy of circumstances. The Aziz Tabba Foundation is the manifestation of an audacious dream to inspire and facilitate transformative change – a philosophy which is committed to enhance the quality of life of people from marginalized and vulnerable communities.

My late father, Abdul Razzak Tabba, identified several issues in need of attention, one of them being a lack of quality health care facilities in Karachi. Today, the Tabba Heart Institute and the Tabba Kidney Institute are two of many modern and state-of-the-art not for profit organizations being operated under the Aziz Tabba Foundation. The multidisciplinary approach of both TKI and THI to diagnosis and care ensures a continuum of safe and high quality care for patients with all services under one roof and treatment that meets the highest international standards.

Such public service initiatives bear testimony to my late father's passion, commitment, devotion and his interest in various deserving causes. This dedication is our inspiration and the driving force behind the success of Aziz Tabba Foundation.

MILESTONES

2005

Tabba Heart Institute is set up as a state-of-the-art cardiac hospital.

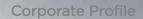


1995

Aziz Tabba Kidney Center under the aegis of ATF is established. Dialysis treatment was extended to those in need through welfare.

1979

Tabba House I is established in Azizabad to provide shelter to homeless individual and families.



Aziz Tabba Kidney Center is rebranded as Tabba Kidney Institute. It becomes a center of teaching and research in the field of nephrology and urology.

2002

Tabba House II becomes operational in Lines Area.

1987

ATF established as a registered non-profit organization.

MEDICAL TREATMENT TABBA HEART INSTITUTE (THI)





ABOUT TABBA HEART INSTITUTE

he Tabba Heart Institute is a specialty cardiac care hospital with a vision to provide quality services and compassionate care at affordable rates. The primary objective is to promote excellence in the field of cardiovascular health. To realize our vision with an uncompromising attitude, the hospital is equipped with the state-of-theart equipment and very highly qualified professionals with a proven track record.

We believe that a serene environment is vital and serves as a catalyst in the healing and recovery process. Our building's modern architecture reflects a cutting-edge approach as well as the passion and commitment of the people behind it. Furthermore, the artistic adornments and carefully selected horticulture scheme speak of the high standards of aesthetic perception.

However, ultimately it is our medical team that makes the difference. All professionals working at THI share the same passion with which this hospital was established and everyone connected to us feels responsible to radiate that spirit. Above all we not only believe in expressing ourselves with words but also with our deeds. We are always striving for a positive change in all our endeavours which is proven by the tremendous success we have achieved in a very short time.

The hospital is being managed under the able leadership of Ms. Mariam Tabba Khan, who looks after the administrative aspects of the hospital as the Chief Executive. Dr. Bashir Hanif, the renowned cardiologist, heads the medical team as the Medical & Executive Director. The hospital is then further divided into various administrative divisions employing around 800 full time and contractual employees in three different shifts.

The Tabba Heart Institute is also a teaching institute imparting one of the best post graduate fellowship programs in Cardiology, Cardiac Surgery and Cardiac Anesthesia. The fellowship program in interventional cardiology offered at Tabba Heart Institute is the only one of its kind in Pakistan. Diplomas in Cardiology (DipCard), Nursing training programs and various other allied health programs are offered in Laboratory, CSSD and cardiac rehabilitation. The fellowship programs and all training programs are recognized by CPSP and affiliated with Dow University of Health Sciences.

With the support of 16 faculty members and approximately 80 medical staff, the Tabba Heart Institute is geared to offer the finest medical care and treatment for cardiac ailments.









CORPORATE SOCIAL RESPONSIBILITIES

hospital care for cardiac ailments amongst the research and developments in the field of general public at the hospital and various medical sciences and cardiac treatments.

also fulfills its public forums. The institute also has a very Corporate Social Responsibilities structured and sophisticated Continuous by regularly conducting awareness Medical Education program for training programs about prevention and medical practitioners about the latest

THE HOSPITAL STRUCTURE

Emergency Room, Consultant health care, the hospital has innovatively Clinics, a Clinical Laboratory designed several preventive, rehabilitation and Non Invasive Diagnostic Services, a and fitness programs in order to promote Pharmacy and a one-of-its-kind Preventive a culture of health. Cardiology and Cardiac Rehabilitation

■abba Heart Institute is a 170-bed Department. With an aim to attain a hospital supported by a Cardiac trend-setting image in the field of cardiac









SPECIALIZED CARDIAC SERVICES

- 24 hours Cardiac Emergency with facility for Primary Angioplasty
- State of the art Cath Lab / Interventional Cardiology
- Non-Invasive Cardiology
- Cardiac Consultant Clinics / Sub Specialty Clinics
- Clinical Laboratory and Blood Bank Services
- Cardiac Rehabilitation and Preventive Cardiology
- Educational and Training
- Pharmacy
- Endoscopy Suite

MEET OUR TEAM

Administration:

- Mariam Tabba Khan Chief Executive Officer
 Musharaf Hussain Chief Operating Officer
 Syed Ilyas Ahmed Chief Advisor Operations
 Faisal Abdul Sattar Chief Financial Officer
- Mohammad Altaf Chief Of Medical Nursing Team









MEDICAL

1. 2.	Dr. Bashir Hanif Dr. Asad Pathan	-	Medical & Executive Director Consultant Cardiologist & Director Cath Lab
3.	Dr. Khalid Rasheed	-	Chief of Cardiothoracic Surgery
4.	Dr. Ghufranullah Khan	-	Consultant Cardiothoracic Surgeon
5.	Dr. Zulfigar K.K.	_	Chief of Anesthesia
6.	Dr. Chandar	_	Consultant Anesthesiologist
7.	Dr. Junaid Alam Ansari	-	Consultant Cardiothoracic Surgeon
8.	Dr. Khursheed Hassan	_	Consultant Cardiologist
9.	Dr. Irfan Ellahi Chandna	_	Consultant Cardiologist
10.	Dr. Sohail Abrar Khan		Consultant Cardiologist
11.	Dr. Shamim Siddiqui	_	Consultant Cardiologist &
	·		Asst. Medical Director
12.	Dr. Adnan Amin	_	Consultant Cardiologist
13.	Dr. Shakir Lakhani	_	Consultant Cardiologist
14.	Dr. Mohammad Ali	_	Consultant Cardiologist
15.	Dr. Wagar Khan	_	Consultant Cardiologist
16.	Dr. Mohammad Kashif-		Consultant Cardiologist
17.	Dr. Khuda Bux Sheikh	_	Associate Surgeon
18.	Dr. Muhammad Noman Khan	-	Consultant Cardiologist







OUR PERFORMANCE IN LAST 10 YEARS

Procedures	2005-2015
Number of patients registered (OPD /IPD combined)	175,000
Inpatient Treated	80,000
Number of Angiographies	25,000
Number of Angioplasties	12,500
Number of Open Heart Surgeries	37,000

WELFARE SERVICES

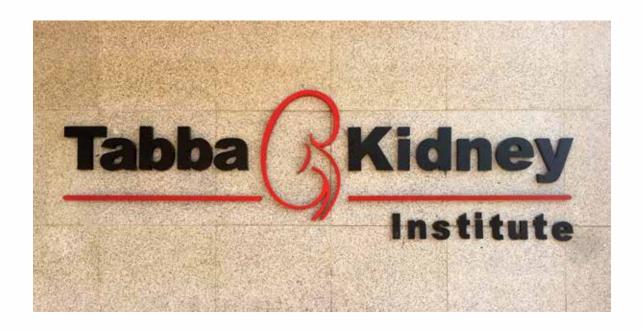
of treatment or procedures. The the Tabba family. welfare services are governed by the application procedure to ensure that only In the last ten years of operation, deserving patients are provided the due approximately Rs. 800/- million has been financial support. All the applications provided as financial assistance to the for financial assistance go through a needy and Zakat eligible patients through strict scrutiny and once an application our foundation.

■abba Heart Institute also offers is approved, up to 70% of the total generous support to patients in procedure cost is borne by the Aziz Tabba need who cannot afford the cost Foundation managed and supported by

MEDICAL TREATMENT TABBA KIDNEY INSTITUTE (TKI)







ABOUT TABBA KIDNEY INSTITUTE

not-for-profit hospital for all kidney related ailments under one roof, operating under the auspices of the Aziz Tabba Foundation.

The Tabba Kidney Institute (TKI) is a 100-bed, specialist institution committed to providing complete, international-standard care for prophylaxis and therapeutic management of

nephro-urological diseases.

TKI also serves as a centre of excellence for teaching and research and a continuing educational institution for nephrology, urology and related fields.

TKI has the privilege to be the only ISO 9001:2008 Certified renal care facility in Pakistan.











SERVICES AVAILABLE IN THE **HOSPITAL**

Medical:

Emergency, Dialysis, Diagnostic Laboratory, Radiology & Ultrasonography, In Patient Ward, I.C.U. and Operation Theatres.

Consultations: Nephrology, Urology, Diabetes, Uro-gynaecology, Radiology, & Maintenance, House Keeping, Ambulance Pulmonology and Neurology etc.

Support: Pharmacy & Medical Stores, Medical Records and waste management.

Administrative/Ancillary:

Administrative and Ancillary services are looked after by C.E.O. and C.O.O.:

Human Resource Department, Finance & Patient Billing, HIMS, Marketing, Engineering and Security.

MEDICAL SERVICES

Medical services are looked after by Medical of Nephro-Urological emergencies. All Director:

Round The Clock Emergency:

Equipped with the latest state-of-theart machinery including two emergency dialysis machines, one dialysis machine standby and day-care beds, the Emergency Room is staffed with doctors and paramedics, fully trained to handle all kinds

necessary investigations are carried out in the Emergency Room and the patient may have to stay for a short while or up to 12 hours. If required, the patient is transferred to the in-patient ward. The reception at the Emergency Room provides information about registration, discharge and transfer to the ward.











Dialysis Unit:

The fully established state-of-the-art haemodialysis department has been operating since 1995. Operating in four shifts – the dialysis unit currently has 30 dialysis machines with a provision of a total of 36 machines. Patients are screened for Hepatitis-B and C viruses before registration. Dedicated machines with segregated space are available for hepatitis 'B' positive and hepatitis 'C' positive patients. This unit dialyzes more than 240 registered patients and performs more than 2,800 procedures per month.

Reverse Osmosis:

A reverse osmosis plant is in operation that complies with European Pharmocopeia standards for dialysis procedure. The quality of water is regularly checked through PCSIR.D.C

Consultation Clinics:

Consultation clinics for adult nephrology, adult urology, diabetology, urogynaecology, pulmonology and neurology clinic are present.

These clinics are held by highly qualified doctors, and are open to all.

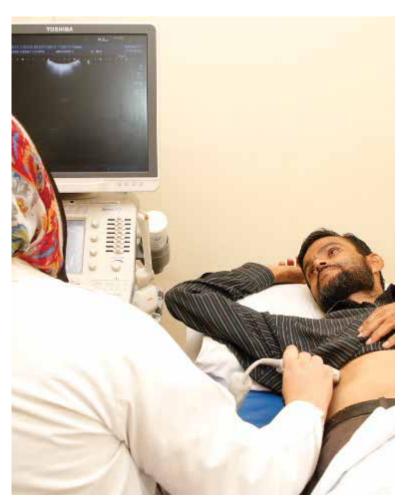
Radiological Facilities:

The state-of-the-art diagnostic facilities in radiology include ultrasound and all types of x-ray with computer imaging to carry out both non invasive procedures (like I.V.P., K.U.B., Chest etc.) and invasive procedure (like Ante Retrograee Pylography, PCN., Aspiration, Ultrasound guided Biopsies etc.). Ultrasonograhy of various organs also been performed like K.U.B., Kidney etc., beside this the colour Doppler ultrasound is also being provided.

Interventional Radiology is another specialty of the Institute for all type of interventional procedures.

Operation Theatres:

Two operation theatres, with all the support facilities like endoscopic instruments and C-arm (image intensifier), are equipped to carry out all endoscopic and open urology and General surgeries. The surgical suite also includes a 4-bed recovery room with complete post-operative monitoring facilities.









Intensive Care Unit (I.C.U):

The I.C.U. is equipped with the latest Central Monitoring System for blood pressure, E.C.G., temperature and pulse oxymetry. Central suction and air supplies are also available along with ventilators and Arterial Blood Gas Analyzer to support both surgical and medical patients needing this facility. In the I.C.U the Haemodialysis facility is also available for patients.

In-patient Facilities:

The in-patient ward has a central Nurse-Call system, central oxygen and suction facilities. It provides admissions for adult nephrology and urology in General Ward and Private Rooms.

Deluxe Dialysis Unit:

The Deluxe dialysis facility is a new addition to our Institute. In which a standard of dialysis is set by performing Hi-flux dialysis with endotoxcin filters on state-of-theart dialysis machines. In Deluxe dialysis we provide all ambiance like separate cubical for each patient and sitting area for attendants etc.

Continuing Education and Training Program:

Tabba Kidney institute regularly organizes academic and research activities as an ongoing process for continuing education and training of medical and Para-medical staff. The Centre's academic and research committee meets on every Tuesday of every month and all proposed research protocol is discussed for approval.

Training Programs for Dialysis Technicians are run by the institute under the supervision of our Medical Director.

Public Health Orientation Program:

Conducted at regular intervals to educate the public about common renal ailment.









FUTURE PLANS:

eside the consolidation as well as expansion of the existing facilities there are various additional operations planned as follows:

- Affiliation with CPSP for FCPS training program in Nephrology & Urology.
- Affiliation with International Institutions for research and training.
- Further expansion of our dialysis unit with the addition of eight more machines to run at its full capacity.
- Addition of lithotripsy machine to further strengthen the urology unit.
- One-year diploma in Renal Nursing.
- Start eye clinic.
- Start Gastroenterology clinic with the facility of Upper and Lower GI endoscopy.
- Start renal transplant program.
- Establishing TKI as a "Centre of Diagnostic Excellence" by introducing CT Scanning.
- Acquirement (in process) of HIMS with digital medical record to create a paperless environment.











TKI's Team:

Mr. Muhammad Ali Tabba C.E.O.

Dr. Syed Ageel Ahmed C.O.O.

Mr. Sadiq C.F.O.

Dr. Bilal Jamil Consultant Nephrology

Dr. Adnan Munir Consultant Urologist

Dr. Ayesha Saleem Consultant Female Urologist / Urogynaecologist

Dr. Sheikh Sajid Consultant Urologist

Dr. Asmooni Consultant Pulmonologist

Dr. Saira Abbas Consultant Neurologist

Dr. Asma Zafer Consultant Radiologist

Dr. Irfan Lutfi Consultant Interventional Radiologist

Dr. Shakeel Tukdi In-charge Dialysis

OUTSOURCED MEDICAL-SUPPORT







nder this program Aziz Tabba Foundation is providing financial support for surgical treatment of cancer, hepatitis and other such terminal diseases. The secondary aim behind the launch of this scheme is to provide treatments that are not available in THI and TKI.

Abid Abdur Razzaq

There are some chronic diseases which can inflict a heavy toll on people, both physically and mentally, and also on their loved ones. The exorbitant cost of medical treatment is now beyond the means of most people such as myself, who was staring at a lot of hardship since my beloved mother developed breast cancer recently.

Going through a period of anguish with regard to my mother's deteriorating health, some of my relatives advised me to seek the assistance of the Aziz Tabba Foundation. Initially I was hesitant to consider this particular option because seeking assistance in a form of charity would have hurt my pride and self-esteem. However, when I finally approached the ATF team to seek their advice on how best to assist my ailing mother, I was overwhelmed by the benevolence and professionalism of the foundation staff. ATF advised me on the best possible solutions on my mother's surgery. Immediately after the surgery the doctors suggested Adjuvant Chemotherapy for my mother and ATF gave me the best consultation in this regard. By the grace of Allah my mother is slowly recuperating and regaining her health. I am glad that I entrusted my mother's care and well-being to the caring staff at Aziz Tabba Foundation.



HOUSING SUPPORT







TF believes that everyone is entitled to a home. Having a roof over you is the most prized and cherished dream of many. The ATF Rehabilitation Support Program offers a housing solution customized for deserving white-collar families with the aim to bring about a qualitative improvement in our communities. The everincreasing cost of housing such as apartments have increased astronomically, pushing them

beyond the reach of most working-class families. The ATF rehabilitation program provides financial support to families so that they can arrange shelter for themselves. The program is based on a need-cum-merit basis.

The foundation also provides rent support to low income families to complement their meagre incomes.

Muhammad Asif Abdul Sattar Supediwala

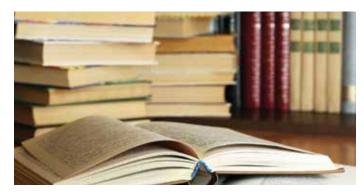
My financial situation took a deep spiral downward and besides a lot of other things I ended up losing a very precious asset, a roof over my head. I was down for the count and it was then that I approached Aziz Tabba Foundation for assistance through the foundation's housing scheme program. I had a sense of trepidation initially but I found the staff at ATF to be very warm, courteous and welcoming.

I am really thankful and owe my gratitude to ATF for the invaluable help it extended to me in trying times and taking care of my housing needs. I am overwhelmed and personally touched by everything that Aziz Tabba Foundation has done for me.



EDUCATIONAL SCHOLARSHIP







ducation does not only play a vital role in the upbringing of a person but also enhances knowledge and produces better career development opportunities in today's highly competitive job market. Education plays a pivotal role in the development of a nation, as it contributes to the development of human capital In Pakistan. Unfortunately, the existing education delivery system has failed to meet the needs and aspirations of

the society. Although the private sector is playing its role, its penetration is very limited in the grass root level because of deteriorating socio economic conditions.

ATF Educational Scholarships are granted to deserving students studying at colleges and universities in Pakistan and abroad.

Tahir Fattani

Going to study in University of Rome was my first priority because of its reputed Information Science Department and excellence in research. I applied for ATF Educational Support in pursuit of my Ph.D. studies in Information Science Security-Privacy. ATF's consistent support for three years has not only helped my parents realize their precious dream of seeing their son excel in life but this valued support has also enabled me to improve my research skills and academic skills.

Studying abroad, taking part in international events and working with global organizations instilled confidence in me when interacting with my contemporaries from different cultures.

My family and I are indebted to the Aziz Tabba Foundation which helped me realize my potential, fulfill my dream of become a researcher and giving me the opportunity to be the ambassador of my country.



VOCATIONAL TRAINING & SKILL DEVELOPMENT







TF financially supports students on merit who want to pursue their career in a specific trade and develop expertise in techniques related to computer sciences, HVAC, nursing, beautician, fashion designing, home economics and other such technical trades. Students who want to enhance their language skills for a better chance of job placement can also qualify for this program.

Captain Munzallin Munaf

Aziz Tabba Foundation is at the forefront of assisting individuals who aim high and want to excel in life, as professionals and as better human beings. I have always dreamed of soaring the skies as an aviator but acquiring the necessary set of skills to become a pilot can be an expensive proposition. I had already charted the course that would eventually lead me to achieve my goal and as I completed my Intermediate, I applied and got admission in PIA Flight Academy as a cadet. I approached the Aziz Tabba Foundation with the hope of turning my dream into reality and the foundation sanctioned a generous contribution towards my training expenses at the flight academy and attaining a commercial pilot license. I completed my stint at the academy with distinction and along the way completed 200 hours of flying and eventually qualified to be a holder of a commercial pilot license. This year I will be completing my Bachelors in Science and upon getting my degree, I will be joining Shaheen Airlines as a First Officer.

Mere words are simply not enough to thank Aziz Tabba Foundation for its benevolence and its team which is highly professional and caring. All I can say is that the foundation's contribution has been a blessing and how proud my family is of my achievement is undefinable.



MARRIAGE AID





n often ignored reality that has plagued Pakistani society is that getting married is a financial nightmare. Such anomalies in our society are given the names of "Traditions" and "Customs." The poor often borrow money from others to cover the enormously high marriage expenses of their children.

It is not hard to find instances in Pakistan where a poor family saves money for years to marry off a daughter, when only a portion of this money would have been sufficient to send the kids to school, buy them books and invest in their future.

Through ATF's Marriage Support Program, the Foundation assists qualifying beneficiaries in enabling their daughters to get married without the family experiencing financial hardship.

Muhammad Arif Bawany

There cannot be more joy and pride for a father than to see his daughter getting married with a profound sense of honor and dignity. Being the sole bread winner of a lower-middle class family, my financial stature just did not allow me the luxury of spending huge sums of money on the long standing traditions of wedding functions. I am thankful to the management of the Aziz Tabba Foundation for taking care of the wedding expenses of my daughter, and relieving me from all the worries.

RATION SUPPORT







trengthening its commitment to expand its social services and kidney patients of TKI. ATF has reached out to the widowed women of our community by delivering them monthly ration hampers which containing basic staples to last a whole month. This program has been expanded to include low-income staff of ATF and TKI belonging to religious minorities.

Giving away charity is one the main pillars of Islam and more so rewarding during the month of Ramadan. If we have a closer look around us, we will find many such needy families, without adequate sustenance to feed themselves.

Every year upon the arrival of the holy month of Ramadan, ATF intensifies its welfare activities and one of its major initiatives during ramadan is distribution of ration packs among the marginalized communities including vulnerable, destitute, orphans and elderly. ATF social welfare team monitors the whole process and takes feedback from the beneficiaries after distribution.

EQUIPMENT SUPPORT PROGRAM





n this program, ATF assists destitute women of our communities to supplement their household's meagre income and improve their lifestyle. This endeavor is a small step towards a larger goal of eliminating poverty and enabling poor families to lead respectable and honorable lives. The objective of this program is to give such women the opportunity to use their skills to rise out of impoverishment, earn a sustainable source of income and work towards a promising future for themselves and their families.

Equipment Support Program provides sewing machines to eligible women with the aim to empower them to breakout of deprivation. A sewing machine is one of the simplest and most effective resources that helps a woman build self-confidence, earn a respectable living and support her family. To some, a sewing machine might mean the occasional mending of clothes, but to a woman and her family somewhere, it is a powerful weapon against poverty.

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